

Experienced Referee Training

Updated for the 2022 Season



Agenda

- Role and Qualities of the Referee
- Meet Cover Sheet
- Rules and Recommendations
- Communication (Facebook)
- Discussion of Best Practices



The Referee's primary role is to ensure that the meet is contested fairly.



Qualities of a Good Referee

Calm **Confident** **Fair**
Experienced **Knowledgeable**
Communicator **Prepared** **Alert**
Delegator **Proactive**
Good Attitude **Multi-tasker**
Professional



Information to put on the Meet Cover Sheet

- Division
- Meet # (1 – 6)
- Meet Date
- Meet Start Time
- Time Event 44 begins (don't forget to note this)
- Meet workers & walkers (**this is how people get credit!**)
- Meet Completion Time
- Checkbox for Weather Delay
- Teams competing
- Meet Location
- Pool Measurement (Yards or Meters)



Noting Workers on the Cover Sheet

- It should be self-explanatory for the most part
- It gets tricky with Strokes & Turns
 - Any walks prior to final walk, the S&T Trainee goes in section 10 or 11
 - For the final “shadowed walk” the S&T judge is actually the judge of record. His/her name goes in section 2 or 6
 - The experienced “shadow” goes in section 10 or 11
 - **Ultimately, GRAL needs to know that it is the trainees final walk and who shadowed him/her**

Certified Official role	Certified Official (1 st Half)	Certified Official (2 nd Half)
	Name and Team (ie Joe Smith, PC)	
Referee:	1	5
Strokes & Turns #1:		
Strokes & Turns #2:	2	6
Strokes & Turns #3:		
Strokes & Turns #4:		
Starter:	3	7
Head Clerk of Course:	4	8
Meet Director:		
Parent Rep:	Home Team:	Away Team:

Walking/Shadowing role (ie Referee, S&T...)	Walking/Shadowing Official (1 st Half)	Walking/Shadowing Official (2nd Half)
Name and Team (ie Joe Smith, PC)		
9	10	11



Rules & Recommendations

- COVID rules no longer apply
 - Separate referee and starter
 - 4 stroke and turn judges
 - 3 timers per lane
 - Dual confirmation of relays recommended
- Taping with Dr. note in regular season, none @ Champs
- Backstroke turns same as VHSL (but no sculling back to wall)
- Backstroke flags used as 15 m marks; called made by turn end officials
- Cell Phone or other pictures behind the blocks
- Swim shirts require a special needs exemption



Concussion Training

- This is required for all Coaches, Strokes and Turns Judges, and Referees beginning in 2021
- The classes are highly recommended for all other officials
- There are two links to training on the Officials Web page – either High School or CDC
- You just need to take it once and then report to GRAL with your certificate – christy@gralva.com



GRAL Officials Facebook Group

- GRAL has a Facebook group for officials!
- All GRAL officials, trainees and coaches are invited and encouraged to participate
- Group discussion can include:
 - Questions on rules or rule interpretations
 - Share lessons learned and observations
- Intent is to promote consistency among GRAL officials
- Discussion on FB group does not constitute official guidance on rules
- To join:
 - Search Facebook for the group
 - Answer the questions to join including your position – S&T, Ref, etc.
 - Please share with other officials at your club
 - Non-officials will not be accepted (e.g. parents, club board members, etc.).
This is just for officials



Best Practices, Comments, Questions

- We want to hear from you

