

Relay Information – IMPORTANT!

For a given Event, the fastest relay team for a Club shall be designated as relay team “A”. The next fastest relay team shall be “B”, then “C”, then “D”...

Each Senior Varsity (SV) Relay Team

- ✓ Must have at least one girl.
- ✓ Must have at least one boy.
- ✓ Must have at least one swimmer with a JV, V, or SV seed time in the stroke and distance that s/he is swimming in the relay.
- ✓ The fastest SV relay team for a Club shall have a seed time of 2:00.00.
- ✓ The second fastest SV relay team for a Club shall have a seed time of 2:01.00.
- ✓ Subsequent SV relay teams will have seed times of 2:02.00, 2:03.00...

Each Advanced (ADV) Relay Team

- ✓ May be all girls.
- ✓ May be all boys.
- ✓ May be any combination of girls and boys.
- ✓ Must NOT have a swimmer with a JV, V, or SV seed time in the stroke and distance that s/he is swimming in the relay.
- ✓ The fastest ADV relay team for a Club shall have a seed time of 4:00.00
- ✓ The second fastest ADV relay team for a Club shall have a seed time of 4:01.00.
- ✓ Subsequent ADV relay teams will have seed times of 4:02.00, 4:03.00...

Medley Relays (Weeks 2, 4, and 6) are swum in the following order:

- Backstroke
- Breaststroke
- Butterfly
- Freestyle

Relays cards shall be audited to ensure compliance with the above GRAL rules **before the meet begins**, and again **after the relay event has completed**. Relays found (before the event has swum) to not be in compliance with these rules should be brought to the Coach’s attention. Relays found (after that event has completed) to not be in compliance with these rules shall be brought to the attention of the Referee who will disqualify that relay team but not take back any ribbons.

When your meet results are received, the relay teams will be audited again (by the GRAL Computer Coordinator). When non-compliances are found, both teams (Coaches, Computer Rep.’s, and Parent Rep.’s) will be notified. The “master” meet file will re-score this event with the disqualification, and the meet will be re-scored. If this happens, it is recommended that teams let the children on the disqualified relay keep their ribbons. It is up to each club to determine if they want to print new ribbon labels for relay teams that moved up in finish.